



## **Zambia and Malawi Travel Information May 16-29, 2010**

This trip is **LAND ONLY** to allow you the option of airlines and best fares as well as the opportunity for pre/post trips on an independent basis. Domestic and International air transportation are not included. Participants will need to make their own flight arrangements to Zambia; being sure to arrive in **Lusaka, Zambia (Lusaka International Airport - LUN)** on **Sunday, May 16, 2010** and depart from **Lilongwe, Malawi (Lilongwe International Airport – LLW)** on **Saturday, May 29, 2010**. All travel arrangements outside of the Study Tour dates will need to be made and paid for directly by the participant.

For this trip we recommend booking your air travel with Lacy James of Poe Travel or Karen Harris of Carlson Wagonlit Travel:

**Lacy James**  
**Poe Travel**  
**Phone: 1-800-727-1960**  
**Email: [ljames@poetravel.com](mailto:ljames@poetravel.com)**  
**[www.poetravel.com](http://www.poetravel.com)**

**Karen Harris**  
**Carlson Wagonlit Travel**  
**Phone: 1-800-643-3788, ext. 4785**  
**Email: [kaharris@carlsonwagonlit.com](mailto:kaharris@carlsonwagonlit.com)**  
**[www.carlsonwagonlit.com](http://www.carlsonwagonlit.com)**

### **Supplemental Travel Insurance:**

While we make every attempt to follow the announced travel schedule, itineraries may change or be cancelled due to travel advisories or any other situation that may compromise the safety of participants. Therefore, we strongly recommend that you purchase travel insurance. Various companies offer supplemental travel insurance that is available for medical, trip cancellation, luggage, etc. This could be obtained from your insurance agent or travel agency. We have listed several companies you can contact directly. This list is provided as information and not as a recommendation for any one specific agency.

[www.travelguard.com](http://www.travelguard.com) [www.csatravelprotection.com](http://www.csatravelprotection.com) [www.travelinsure.com](http://www.travelinsure.com)  
[www.travelsafe.com](http://www.travelsafe.com) [www.accessamerica.com](http://www.accessamerica.com)

This site will compare various insurance options: [www.insuremytrip.com](http://www.insuremytrip.com)

### **Health Information:**

Health information and medical/inoculation recommendations for travelers can be found at the CDC website.

Zambia - <http://wwwn.cdc.gov/travel/destinations/zambia.aspx>

Malawi - <http://wwwn.cdc.gov/travel/destinations/malawi.aspx>

**Visa and Passport Information:**

Travel information can be found at the US State Department & Embassy websites:

Zambia - [http://travel.state.gov/travel/cis\\_pa\\_tw/cis/cis\\_1062.html](http://travel.state.gov/travel/cis_pa_tw/cis/cis_1062.html)

Zambia Embassy - <http://www.zambiaembassy.org/>

Malawi - [http://travel.state.gov/travel/cis\\_pa\\_tw/cis/cis\\_959.html](http://travel.state.gov/travel/cis_pa_tw/cis/cis_959.html)

A valid passport and visa are required to enter Zambia. A Zambia visa application can be downloaded from the embassy website. A visa may be obtained in advance at a Zambian Embassy or Consulate or at the port of entry. The fee is \$50 for a single-entry visa. At the time of entry, the immigration officer will stamp your passport with the permitted length of stay. Typically, an immigration officer will admit an American citizen for the exact number of days they request, up to a maximum of thirty days. Visitors with indefinite departure plans may want to request admission for thirty days on arrival in the country. Please note that Zambia requires you to have a passport that is valid for at least 6 months after entering the country. And be sure that you have enough pages left in your passport.

A passport and proof of return ticket is required to enter Malawi. U.S. citizens traveling to Malawi for TOURISM for 30-days or less can obtain a visa at the airport or border point of entry. A 30-day visa (or less) is granted at any port of entry and is free. Heifer Zambia and Malawi staff will assist in obtaining Malawi visas at the appropriate time during the trip. Please note that Malawi requires you to have a passport that is valid for at least 6 months after entering the country. And be sure that you have enough pages left in your passport.

U.S. citizens traveling in Zambia or Malawi are encouraged to register with the nearest U.S. embassy or consulate at the Department of State's travel registration page (<https://travelregistration.state.gov/ibrs/ui/>) in order to obtain updated information on local travel and security. U.S. citizens without Internet access may register directly with the nearest U.S. embassy or consulate. Registration is important; it allows the State Department to assist U.S. citizens in an emergency.

You can send your visa applications and passport directly to the Zambia Embassy OR you may want to use a Visa Service to secure your TOURIST visa. A Visa Service generally charges \$50 or more per passport plus the Country visa charge. ALWAYS SEND YOUR PASSPORT BY A CARRIER WITH A TRACKING SYSTEM. The Visa Service that Heifer uses is:

**DMS Visa International****Dastagir Samee****2661 Connecticut Avenue NW, Suite 201****Washington, DC 20008****(202) 745-3815****([dsamee@dmsvisainternational.com](mailto:dsamee@dmsvisainternational.com))****The Heifer Zambia Office Contact****Information is:**

1223 Katopola Rd.

Rhodes Park

Lusaka, Zambia

Phone: +260-211-256996

**The Heifer Malawi Office Contact****Information is:**

Area 9 Plot 151

P.O. Box 31508

Lilongwe 3, Malawi

Phone: +265-1-752530