

HEIFER INTERNATIONAL ZAMBIA/MALAWI STUDY TOUR

Tentative Itinerary: May 16 - 29, 2010*

Date	Activity	Responsible Person	Remarks
Sunday May 16, 2010 Day One Zambia	<ul style="list-style-type: none"> • Arrival at the Lusaka International Airport (LUN) in Lusaka, Zambia • Zambia staff and tour agents will pick up participants at the airport and take them to hotel • Group dinner with participants and Heifer Zambia staff (if accommodating flights are available) 	James Kasongo & Barnabas Chitalu	Approx. 25 min. drive from airport to hotel (depending on traffic) Overnight at the Protea Hotel in Lusaka at arcades Website: http://www.proteahotels.com/protea-hotel-lusaka.html
Monday May 17, 2010 Day Two Zambia	<ul style="list-style-type: none"> • Breakfast at the Protea Hotel • Welcome and Orientation to Heifer Zambia; meet all Lusaka staff and tour office • City Tour of Lusaka Arcades, Manda Hill, and Downtown • Lunch at Rhapsody Arcades Lusaka • Visit Kabwata cultural village & museum • Dinner at Lusaka golf club 	Amon Phiri & Petronella Kasaka Halwiindi	Overnight at Protea Hotel
Tuesday May 18, 2010 Day Three Zambia	<ul style="list-style-type: none"> • Breakfast at the Protea Hotel • Home visits to Chikupi Meat Goat Project (#21-0113-02) • Lunch at Kafue Fisheries • Tour of Kafue Fisheries Ponds • Debriefing and free time – Cornerstones Workshop • Dinner at Protea Hotel 	Amon Phiri	Approx. 45 min. – 1.5 hr. drive to project on gravel road Overnight at Protea Hotel
Wednesday May 19, 2010 Day Four Zambia	<ul style="list-style-type: none"> • Breakfast at Protea Hotel • Depart for Kabwe • Home visits to the Trust Community Draft Cattle Group - this is a project under the "Kabwe Umbrella Rural Community Development Project" (#21-0137-01) • Prepare and have lunch with the community group • Participate in traditional dancing with the community group • Depart for Ndola • Dinner at the Mukuba Hotel 	Amon Phiri & Petronella Kasaka Halwiindi	Approx. 2.5 hrs. drive from Lusaka to Kabwe and 2.5 hrs. drive from Kabwe to Ndola Overnight at Mukuba Hotel in Ndola Website: www.mukubahotel.com
Thursday May 20, 2010	<ul style="list-style-type: none"> • Breakfast at Mukuba Hotel 	Amon Phiri & Emelda Nanyangwe	Approx. 45 min. drive time each way

<p>Day Five</p> <p>Zambia</p>	<ul style="list-style-type: none"> • Visit Fisenge Milk Collection Centre – this is a Land-O-Lakes supported milk marketing centre for Heifer Dairy groups in Fisenge and Ndola • Home visits to Twashuka and Fisenge Dairy Cattle Group Projects (#21-0124-01) • Lunch with the community • Afternoon debriefing and reflection • Dinner at the Mukuba Hotel 		<p>Overnight at the Mukuba Hotel</p>
<p>Friday May 21, 2010</p> <p>Day Six</p> <p>Zambia</p>	<ul style="list-style-type: none"> • Breakfast at Mukuba Hotel • Depart for Chifunshi Gorilla Orphanage in Chingola (tour Gorilla zoo) • Lunch at Chifunshi Gorilla Orphanage • Depart for Ndola • Dinner at the Makuba Hotel 	Amon Phiri & Emelda Nanyangwe	<p>Approx. 2.5 hrs. drive to Chifunshi</p> <p>Approx. 2.5 hrs. drive to Ndola</p> <p>Overnight at the Makuba Hotel</p>
<p>Saturday May 22, 2010</p> <p>Day Seven</p> <p>Zambia</p>	<ul style="list-style-type: none"> • Breakfast at the Makuba Hotel • Travel to the Ndola Airport • Morning flight from Ndola to Lusaka • Tour agency will pick up participants at the airport and take them to Protea Hotel • Lunch at Protea Hotel or Rhapsody Arcades Lusaka – free choice • Mid-trip evaluation and reflection • Free time to rest or shop • Dinner at the Protea Hotel 	Amon Phiri	<p>Flight time from Ndola to Lusaka is 45 min.</p> <p>Overnight at the Protea Hotel</p>
<p>Sunday May 23, 2010</p> <p>Day Eight</p> <p>Zambia to Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Protea Hotel • Morning flight from Lusaka to Lilongwe International Airport (LLW) in Malawi • Tour agency and Malawi staff will pick up participants at the airport and take them to Crossroads Hotel • Free time to unpack and rest • Lilongwe City Tour • Group dinner with Heifer Malawi staff and SSLPP staff 	<p>Amon Phiri & Emolyn Malobola</p> <p>Doreen Suwande, Linda Namizinga & Kufeyani Nathan</p>	<p>Approx. 1 hr and 45 min. flight from Lusaka to Lilongwe</p> <p>Overnight at Crossroads Hotel in Lilongwe Website: http://www.crossroadshotel.net/</p>
<p>Monday May 24, 2010</p> <p>Day Nine</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Crossroads Hotel • Welcome and Orientation to Heifer Malawi; meet staff and tour office • Visit the Mwera Mkaka Dairy Project (#21-1604-01) - tour the creamery and meet with co-op farmers and visit households • Packed snacks and lunch from the hotel 	Doreen Suwande, Dziko Chatata & Bernet Lwara	<p>Approx. 3 hrs. drive to the project and back to hotel</p> <p>Overnight at the Crossroads Hotel</p>

	<ul style="list-style-type: none"> • Return to the hotel in the afternoon • Dinner at the hotel 		
<p>Tuesday May 25, 2010</p> <p>Day Ten</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Crossroads Hotel • Morning visit to the Mwera Mkaka Project (#21-1604-01) again – visit more households, hear their stories and see gifts of livestock and training. • Packed lunch and snacks from the hotel • Return to the hotel in the afternoon • Dinner at the hotel 	Doreen Suwande, Dziko Chatata & Bernet Lwara	<p>Approx. 3 hr drive to project and back to the hotel</p> <p>Overnight at the Crossroads Hotel</p>
<p>Wednesday May 26, 2010</p> <p>Day Eleven</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Crossroads Hotel • Visit the Likuni Bulking Group Project (#21-1401-01) • Lunch at the hotel • Free afternoon • Reflection and debriefing before dinner • Dinner 	Doreen Suwande, Dziko Chatata & Bernet Lwara	<p>Approx. 45min. drive to the project</p> <p>Overnight at the Crossroads Hotel</p>
<p>Thursday May 27, 2010</p> <p>Day Twelve</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Crossroads Hotel • Morning visit to the Lumbadzi Bulking Group Project in Chigonthi in rural Lilongwe (#21-1401-01) • Packed lunch from the hotel • Entertainment by the Malawi National Cultural Dance Group in the afternoon • Dinner at the hotel 	Doreen Suwande, Dziko Chatata & Bernet Lwara	<p>Approx. 45min. drive to the project</p> <p>Overnight at the Crossroads Hotel</p>
<p>Friday May 28, 2010</p> <p>Day Thirteen</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Breakfast at the Crossroads Hotel • Morning visit to the Wildlife Centre in Lilongwe • Lunch • Trip wrap-up and final debriefing • Celebration dinner with Heifer Malawi Staff 	Doreen Suwande	<p>Approx. 45min. drive to the Wildlife Centre</p> <p>Overnight at the Crossroads Hotel</p>
<p>Saturday May 29, 2010</p> <p>Day Fourteen</p> <p>Malawi</p>	<ul style="list-style-type: none"> • Return flights to the United States from the Lilongwe International Airport (LLW) 	Tour Agent and Heifer Malawi Staff	

**Please Note: The itinerary is tentative and subject to change at any time, even once a trip commences.*

The Heifer Staff you will meet:

James Chinkubila Kasongo, Zambia Country Director

Barnabas Chitalu, Zambia Deputy Country Director

Amon Phiri, Zambia Training Coordinator Mumbwa

Petronella Kasaka Halwiindi, Zambia Planning and Monitoring Manager

Emelda Nanyangwe, Zambia Training Coordinator - Copperbelt Province

Djondo Sikalangwe, Zambia Training Coordinator – Kabwe

Kwacha Chisiza – Malawi Country Director

Dziko Chatata – Malawi Program Development Manager

Linda Namizinga – Malawi Accountant Coordinator

Doreen Suwande – Malawi Administrative Assistant

Kufeyani Nathan – Malawi Driver

Bernet Lwara – Small Scale Livestock Promotion Program (SSLPP) Staff – Program Manager

