

HEIFER INTERNATIONAL THAILAND STUDY TOUR

Tentative Itinerary: January 10 - 18, 2010*

Date	Activity	Responsible Person	Remarks
Sunday January 10, 2010 Day One	<ul style="list-style-type: none"> • Arrival at Chiang Mai International Airport (CNX) by 4:00pm. • Heifer Staff or tour agency will pick you up at the airport and take you to the hotel • Check into the Fondcome Village Hotel • Group dinner with participants and Heifer Thailand staff at 6:30pm 	"Noi" Sangwan Saopaeng – Heifer Thailand's Communication & Networking Manager, & Tour Operator	Overnight in Chiang Mai at the Fondcome Village Hotel Website: http://www.fondcome.com
Monday January 11, 2010 Day Two	<ul style="list-style-type: none"> • Breakfast at the hotel • Welcome and orientation of Heifer's Thailand programs at the Heifer Thailand Office • Lunch in the city • Chiang Mai city tour and social & cultural orientation • Northern Thai style dinner with cultural performance 	Noi & Tour Operator	Overnight in Chiang Mai at Fondcome Village Hotel
Tuesday January 12, 2010 Day Three	<ul style="list-style-type: none"> • Breakfast at the hotel • Depart for Mae Chaem district • Lunch in route • Arrive at "Empowering Women in Upland Watersheds of Northern Thailand" Project (#22-0510-19) in Mae Chaem • Dinner in the community with cultural performance by the villagers • Overnight in the Village 	Noi & Heifer Thailand program staff	Approx. 3 hrs drive from Chiang Mai to the project site Leave large pieces of luggage in Chiang Mai and pack a small bag for the village overnight Overnight in the Village
Wednesday January 13, 2010 Day Four	<ul style="list-style-type: none"> • Breakfast in Karen tribe style in the village • In-depth project learning activities: <ul style="list-style-type: none"> - Meeting with self-help group (discussion, exchange ideas) and learn about Karen lifestyle (farming, raising livestock, kitchen garden, cotton weaving) - Activities in village depend upon group and the weather, potential activities could be helping the villagers with rice harvesting • Dinner at the Royal Project Resort 	Noi & Heifer Thailand program staff	Overnight at the Wat Chan Royal Project Resort Website: www.fio.co.th/travel/watchan/gellery.htm (not in English)
Thursday January 14, 2010 Day Five	<ul style="list-style-type: none"> • Breakfast at the Hotel • Depart for Chiang Mai • Lunch • Arrive in Chiang Mai and check in to hotel • Leisure time in the evening 	Noi & Tour Operator	Overnight in Chiang Mai at the Imperial Mae Ping Hotel Website: http://www.imperialhotels.com/m

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Friday January 15, 2010 Day Six	<ul style="list-style-type: none"> • Breakfast at the hotel • Travel to Chiang Dao • Visit the "Sustainable Buffalo Production Project for Self-Sufficiency in Northern Thailand (S-Buff)" Project (#22-0510-22) in Chiang Dao • Lunch in Chiang Dao • Continue visit with the "Sustainable Buffalo Production for Self-sufficiency in Northern Thailand" project (#22-0510-22) in the afternoon • Dinner in community with Lahu cultural performance by the villagers or dinner at the hotel (depending on time and weather) 	Noi, Heifer Thailand program staff, & Tour Operator	Approx. 1.5 hrs drive from Chiang Mai to Chiang Dao Overnight in Chiang Dao at the Marisa Resort Website: http://www.marisaresort.com/
Saturday January 16, 2010 Day Seven	<ul style="list-style-type: none"> • Breakfast in the hotel • Activities in the community: <ul style="list-style-type: none"> - Meeting with self-help groups at community church and learning center - Visit self-help group seeing Lahu lifestyle (farming and raising livestock) - Visit water spring (head water of Ping river, the big river in Chiang Mai) • Lunch in Chiang Dao • Visit Chiang Dao cave • Dinner at the hotel 	Noi, Heifer Thailand program staff, & Tour Operator	Overnight in Chiang Dao at the Marisa Resort
Sunday January 17, 2010 Day Eight	<ul style="list-style-type: none"> • Breakfast at the hotel • Return to Chiang Mai • Lunch • Trip reflection at Heifer Thailand office and debrief with staff • Dinner with Heifer Thailand staff • Free time in the evening 	Noi & Tour Operator	Approx. 1.5 hrs drive from Chiang Dao to Chiang Mai Overnight in Chiang Mai at the Imperial Mae Ping Hotel
Monday January 18, 2010 Day Nine	<ul style="list-style-type: none"> • Breakfast at the hotel or airport • Departure flight from Chiang Mai International Airport (CNX) 	Noi & Tour operator	

**Please Note: The itinerary is tentative and subject to change at any time, even once a trip commences.*

