

HEIFER INTERNATIONAL SIERRA LEONE STUDY TOUR

Tentative Itinerary: February 10-18, 2012*

| Date | Activity | Responsible Person | Remarks |
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| Friday Feb. 10, 2012 Day One | <ul style="list-style-type: none"> • Arrival at Lungi International Airport (FNA) in Lungi, Sierra Leone • Heifer Sierra Leone staff or tour agency will transfer participants from the airport to the hotel in Freetown (via bus and ferry) • Dinner at the hotel (if accommodating flights are available) | Rashid Sesay and Martha Thorpe | Approx. 1.5 hr. transport from airport to the hotel Overnight at Hotel Barmoi in Freetown Website: www.hotelbarmoi.com |
| Saturday Feb. 11, 2012 Day Two | <ul style="list-style-type: none"> • Breakfast at the hotel • Welcome and orientation at the Heifer Sierra Leone country office; presentation on Heifer's history, the Cornerstones, our community development model and Heifer's work in Sierra Leone • Presentation on tradition, culture and norms of people in Western Rural District • Lunch at a local restaurant • Visit several historical sites and museums, such as the Fourah College, Cotton Tree and the Arts & Crafts Shopping Center • Dinner at the hotel • Study Tour orientation and basics session | Rashid Sesay and Martha Thorpe | Overnight at the Hotel Barmoi in Freetown |
| Sunday Feb. 12, 2012 Day Three | <ul style="list-style-type: none"> • Breakfast at the hotel and check-out • Visit the "Integrated Livestock Development Project for Western Rural District (ILDeP)" (#21-1803-01) – see land preparation and terrace vegetable gardening at Regent Village and visit with individual families • Lunch at the Regent Village • Visit the Morthaim Spring Box water delivery site • Travel to Port Loko District in the Northern Province and check-in to the hotel • Dinner at the hotel • Presentation on traditional norms, culture of people in Port Loko District • Debriefing/reflection session | Martha Thorpe and Hawa Kamanda Valesius Koker and Partner Group Leader Traditional Leaders | Approx. 1 hr. drive from Freetown to the Western Rural District Approx 2 hr. drive from Western Rural to Port Loko Overnight at the M.J. Motel in Port Loko |
| Monday Feb. 13, 2012 Day Four | <ul style="list-style-type: none"> • Breakfast at the hotel • Visit the "Livelihood Enhancement for Farm Families (LEFF) Project in Port Loko District" (#21-1801-01) – help prepare local soap and gara-tie dying batik with | Martha Thorpe, Valesius Koker and Partner Group Leaders | Approx. 5 min. drive from the hotel to the first project Approx. 1 hr. drive |

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| | <p>Kamuyu Women's Organization in Port Loko town</p> <ul style="list-style-type: none"> • Lunch with the community • Visit the Merekulay community group within the same project - visit animal sheds, learn to feed animals, harvest crops and process food with the community • Travel back to the hotel • Debriefing/reflection session • Dinner at the hotel | | <p>from the Kamuyu Women's Organization to the Merekulay community</p> <p>Overnight at the M.J. Motel in Port Loko</p> |
| <p>Tuesday Feb. 14, 2012</p> <p>Day Five</p> | <ul style="list-style-type: none"> • Breakfast at the hotel and check-out • Travel to the Kailahun District in the Eastern Province • Lunch in Kenema en route to Kailahun • Dinner at the hotel/guesthouse • Presentation on tradition, culture and norms of people in Kailahun district | <p>Martha Thorpe, Stephen Musa and Partner Group Leaders</p> <p>Traditional Leaders</p> | <p>Approx. 6 hr. drive from Port Loko to Kailahun</p> <p>Overnight at the Luawa Resort Hotel in the Kailahun District</p> |
| <p>Wednesday Feb. 15, 2012</p> <p>Day Six</p> | <ul style="list-style-type: none"> • Breakfast at the hotel • Visit the "Kailahun Agricultural and Livelihood Support Project (KALiSP)" (#21-1802-01) – see weaving of traditional/local cloth, palm oil processing, attend local cultural drama and help prepare local dish • Lunch with the community • Continue activities with the community • Travel back to the hotel • Dinner at the hotel • Debriefing/reflection session | <p>Martha Thorpe, Stephen Musa and Partner Group Leaders</p> | <p>Approx. 1 hr. drive from Kailahun to project</p> <p>Overnight at the Luawa Resort Hotel in the Kailahun District</p> |
| <p>Thursday Feb. 16, 2012</p> <p>Day Seven</p> | <ul style="list-style-type: none"> • Breakfast at the hotel and check-out • Travel to Freetown • Lunch in Bo en route to Freetown • Dinner at the hotel | <p>Martha Thorpe and Stephen Musa</p> | <p>Approx. 6 hr. drive from Kailahun to Freetown</p> <p>Overnight at the Hotel Barmoi in Freetown</p> |
| <p>Friday Feb. 17, 2012</p> <p>Day Eight</p> | <ul style="list-style-type: none"> • Breakfast at the hotel • Final debriefing/reflection session at the Heifer Sierra Leone Office • Visit the River#2 Beach (optional) • Lunch at the beach • Free time for resting, packing or shopping • Farewell dinner with Heifer Sierra Leone staff at a local restaurant | <p>Martha Thorpe, Hawa Kamanda and Tricia Hughes</p> | <p>Approx. 1 hr. drive from the hotel to the beach</p> <p>Overnight at the Hotel Barmoi in Freetown</p> |

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| Saturday Feb. 18, 2012 | <ul style="list-style-type: none"> • Breakfast at the hotel (if flights allow) and check-out • Transfer to the airport | Martha Thorpe | |
| Day Nine | <ul style="list-style-type: none"> • Departure flights from Lungi International Airport (FNA) | | |

**Please note: The itinerary is tentative and subject to change at any time, even once a trip commences.*

