

## Senegal Travel Information November 7 - 16, 2011

### Booking Your Flight

This trip is LAND ONLY to allow you the option of airlines and best fares as well as the opportunity for pre/post trips on an independent basis. Domestic and International air transportation are not included. Participants are responsible for arranging and paying for their transportation to and from the following destinations:

**Arrival Date:** November 7, 2011

**Arrival Location:** Dakar, Senegal (Leopold Sedar Senghor International Airport – DKR)

**Departure Date:** November 16, 2011

**Departure Location:** Dakar, Senegal (Leopold Sedar Senghor International Airport – DKR)

### Supplemental Travel Insurance

Heifer strongly recommends that you purchase travel insurance as trips may be canceled or changed at any time. Various companies offer insurance that is available for trip cancellation, medical needs, luggage, etc. To purchase travel insurance, contact your insurance agent or travel agency. A reference list is below, though should not be seen as recommendations for any one specific agency.

[www.travelguard.com](http://www.travelguard.com)

[www.travelsafe.com](http://www.travelsafe.com)

[www.accessamerica.com](http://www.accessamerica.com)

[www.csatravelprotection.com](http://www.csatravelprotection.com)

[www.travelinsure.com](http://www.travelinsure.com)

[www.insuremytrip.com](http://www.insuremytrip.com) (this site compares various options)

### Registering with U.S. Embassy/Consulate

Heifer Study Tour participants are encouraged to register with the nearest U.S. Embassy or consulate. Registration is important as it will keep you updated on local travel security and allows the State Department to assist U.S. citizens during an emergency. U.S. citizens can register at <https://travelregistration.state.gov> or directly with the nearest U.S. Embassy or consulate.

Travel information can be found at the U.S. State Department and Embassy websites:

Senegal - [http://travel.state.gov/travel/cis\\_pa\\_tw/cis/cis\\_1013.html](http://travel.state.gov/travel/cis_pa_tw/cis/cis_1013.html)

Senegal Tourism Authority - <http://www.senegal-tourism.com/>



### **Health and Vaccination Information**

To ensure proper health preparations prior to your tour, meet with your health care provider. Information and medical/inoculation recommendations for travelers can be found at the Centers for Disease Control and Prevention website - [www.cdc.gov/travel](http://www.cdc.gov/travel). Be aware that some countries require documented proof of a current yellow fever vaccination upon entering the country.

### **Required Travel Documents**

If your passport will expire within 6 months from the date of entry, you will need to renew your passport prior to leaving the country. If you have less than two blank pages left in your passport, you will need to apply for more pages. Country specific requirements are listed below.

### **Senegal**

- A passport is required to enter Senegal. For U.S. passport holders, a visa is not required for stays of less than 90 days. Current yellow fever vaccination is mandatory to enter Senegal and meningitis vaccination is highly recommended if the traveler is arriving from or has recently traveled to an endemic area.

### **The Heifer Senegal Office Contact Information is:**

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