

HEIFER INTERNATIONAL'S

DAY CAMP AT OVERLOOK FARM

A WEEK THAT COULD CHANGE THE WORLD

SUMMER
CAMP PLANNING GUIDE



PASS ON
THE GIFT

HEIFER
INTERNATIONAL

*Learning Center at
Overlook Farm*

a week that could change the world

DAY CAMP AT OVERLOOK FARM



What's life like in Guatemala? Thailand? What does it take to work on a farm in those countries? The answers to those questions are brought to life with Heifer International's Day Camp at Overlook Farm in Rutland, Mass. Campers will learn about their global neighbors, milk livestock and harvest vegetables, and participate in traditional camp offerings like team-building activities, games and arts and crafts.

THE GLOBAL VILLAGE

The Global Village teaches campers about their world neighbors. Each home site offers unique global experiences with culture, food and animals. At our bamboo Thailand home, they'll discover the benefits of living in a home on stilts and meet our water buffalo. They'll also learn how to milk dairy goats as families do in rural Guatemala and to weave and spin animal fiber like children in Peru.

THE GARDENS

Our gardens hold many surprises and adventures, and exploring them has become a favorite activity among campers. Your child will learn how to identify the six parts of plants, and see what fruits and vegetables look like before they end up on your plate. They'll also be eager to try the vegetables they pick – carrots, sugar snap peas and even broccoli.



THE ANIMALS

Your children might get to milk a goat, brush a llama, feed a pig, collect eggs from chickens or do other fun farm chores. Throughout the week, your child will meet our animals and learn about the benefits that livestock provide to families around the world. After a few days at camp, quiz your child on the seven M's of livestock – milk, manure, meat, muscle, money, materials and motivation.



RESERVATIONS

Registration forms can be downloaded at www.heifer.org/daycamp. Complete the application and return it to Overlook Farm's Booking Office. Upon receipt of a complete application, a confirmation letter detailing what to bring and general reminders will be sent to you. Children are registered on a first-come, first-served basis after a full payment is received.

Ages: 6-12

Camp Dates

Five-day sessions are offered in July and August. Campers may attend up to two sessions per summer. Visit www.heifer.org/daycamp for current availability and camp fees. Limited scholarships are available.

Camp Hours

Monday through Friday
9:00 a.m. to 4:00 p.m.

Extended Care Options

8:30 a.m. – 9:00 a.m.
4:00 p.m. – 5:30 p.m.

This camp must comply with the regulations of the Massachusetts Department of Health (105 CMR 430.00), and be licensed by the Rutland Board of Health. Information on 105 CMR 430.00 can be obtained at (617) 983-6761.

**For more information,
or to download an application,
visit www.heifer.org/daycamp,
call (508) 886-2221
or e-mail overlook.farm@heifer.org.**





the farm or assist their counselors in prepping for the day's activities. Extended care must be reserved at the time of camp registration. For the morning session, drop-off your child no earlier than 8:30 a.m. For the afternoon session, pick up your child no later than 5:30 p.m.

Weather and Physical Activity

Programs are held rain or shine. If weather conditions are dangerous, groups will stay in a weather-safe area instead of the Global Village. Though programs are not too physically challenging, all campers should be prepared for moderate amounts of walking.

Overlook Farm Staff

Overlook staff, including volunteers, facilitates all programs. Our volunteers come from around the world and range from 18 to retirees. A thorough background check is required before becoming a member of our team.

PLAN YOUR CHILD'S CAMP EXPERIENCE

Meals

Lunch and snacks are not included in camp fees. Each morning you will need to send food with your child. We encourage garbage-free lunches, which means you should use reusable containers instead of disposable ones. For more ideas, go to www.wastefreelunches.org

Child Drop-off and Pick-up

If your child is not registered with extended care options, you must drop-off your camper at 9:00 a.m. and pick-up your camper at 4:00 p.m. Your child may only be picked up by those listed on your pick-up authorization form.

Extended Care Options

For an additional fee, we offer extended care options in the morning and afternoon. During this time your child might play games, explore

DIRECTIONS

